

Nappy Changing Policy & Procedure

Policy Statement

- ❖ No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.
- ❖ We have an area for nappy changing and make necessary adjustments in order to accommodate children who are not yet toilet trained.
- ❖ We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of the adults.

Procedure

- ❖ Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- ❖ Children are never left on the changing mat unattended.
- ❖ All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- ❖ In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- ❖ Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- ❖ Child's key person will be vigilant for unexplained marks in private areas. (see safeguarding policy)
- ❖ Gloves and aprons are put on before changing starts and the area is prepared with child's nappy, wipes and nappy sack.
- ❖ Once the child is changed they are placed back in the play area before the area is tidied and cleaned.
- ❖ Nappies are disposed of hygienically. All nappies are bagged, with wipes, tied and put in the nappy bin.
- ❖ The changing mat is wiped down with bacterial spray/wipes. These are then placed in the nappy bin.
- ❖ Apron and gloves are then put in the nappy bin and hands are washed with soap and water or bacterial hand gel.
- ❖ Nappy changing areas are private areas where children feel safe and protected during personal care.